

# Camp Odakoda

## Menu

### August, 2013

#### Monday Dinner:

- Hamburgers/Hot Dogs
- Baked Beans/potato salad
- Potato Chips
- Watermelon
- Ice-Cream Sandwich
- Water/Lemonade

#### Tuesday Breakfast

- French Toast
- Link Sausage
- Hard Boiled Eggs
- Hash Brown Patty
- Bananas/Apples/Oranges
- Cereal Bar
- Yogurt
- Milk & Juice

#### Tuesday Lunch

- Chicken Strips
- French Fries
- Apples, Oranges, Bananas
- Salad Bar
- Water/Milk

#### Tuesday Dinner

- Roast Turkey
- Quinoa
- Mashed Potatoes/Gravy
- Caesar Salad
- Rolls
- Peaches
- Water/Milk/Lemonade

#### Wednesday Breakfast

- Premade Waffles
- Scrambles Eggs
- Hash Brown Patty
- Hard Boiled Eggs
- Cereal Bar
- Yogurt
- Bananas/Apples/Oranges
- Juice & Milk

#### Wednesday Lunch

- Square Pizza (Cheese, Peperoni, Hawaiian)
- Applesauce
- Carrot Sticks
- Ceaser Salad
- Garlic Bread Sticks w/Marinara
- Water/Milk

#### Wednesday Dinner

- Spaghetti
- Chicken Nuggets
- Green Beans
- Garlic Bread
- Peaches
- Water/Milk/Lemonade

#### Thursday Breakfast

- Pancakes
- Bacon
- Hash Brown Patty
- Hard Boiled Eggs
- Bananas/Apples/Oranges
- Cereal Bar
- Yogurt
- Orange Juice & Milk

#### Thursday Lunch

- Grilled Cheese
- Grilled Ham and Cheese
- French Fries
- Salad Bar
- Grapes
- Water & Milk

#### Thursday Dinner

- BBQ Pork Sliders or Chicken Strips
- Quinoa
- Mac and Cheese
- Chips
- Corn
- Watermelon
- Water/Lemonade

#### Friday Breakfast

- Cinnamon Rolls
- Sausage & Scrambled Eggs
- Cereal Ba
- Yogurt
- Bananas/Apples/Oranges
- Orange Juice & Milk

#### Afternoon Snack 2:45

Each day, two of the following will be offered: Otter Pops, Goldfish, String Cheese.  
**\*Breakfast Cereal options are Cheerios, and Fruit Loops, Frosted Flakes**

#### Evening Snack between 7 & 9:00

Each night two of the following will be offered: Smores, Drumsticks, Rice Crispy Treats, Popcorn, Goldfish, String Cheese, Pretzels.

Gluten Free options are available **upon request** for: Pizza, Waffles, Grilled Cheese, French Toast, and Chicken Nuggets. Please let Misti know if your camper will be eating gluten free so we can order these items.